HINGED KNEE BRACE, TALL
INSTRUCTIONS FOR USE

Single Patient Use Only

BEFORE USING THIS DEVICE, PLEASE READ THE FOLLOWING INSTRUCTIONS COMPLETELY AND CAREFULLY. CORRECT APPLICATION IS VITAL TO THE PROPER FUNCTIONING OF THE DEVICE.

INTENDED USE:
• Mild to moderate ACL and/or PCL, MCL and LCL instabilities
• Meniscal injuries
• Mild OA

WARNINGS & PRECAUTIONS:
If you experience any pain, swelling, sensation changes, or any unusual reactions while using this product, consult your medical professional immediately.

CLEANING INSTRUCTIONS:
1. Separate the hinges from the brace sleeve.
2. Clean material with water and a mild cleanser.
3. Lay flat and air dry ONLY.

WARRANTY:
Manufacturer guarantees all products to be free from defects in materials and workmanship for a period of 6 months from date of purchase.

CAUTION:
Federal Law (U.S.A.) restricts this device to sale by or on the order of a licensed Health Care Professional.

PART NUMBER:
300180-XX; 300190-XX; 300220-XX; 300230-XX.

-XX Size Circumference 6” above mid patella
-01 XS 13.00” - 15.50”
-03 SM 15.50” - 18.00”
-05 MD 18.00” - 20.50”
-07 LG 20.50” - 23.00”
-08 XL 23.00” - 26.00”
-09 2XL 26.00” - 29.00”

Adjusting the Range of Motion – Hinge Adjustment

When changing FLEX or EXT stops, be sure that the screws are tightened securely and that both medial and lateral hinge stops are identical. The following EXT & FLEX stops are included:

EXT: 0°, 10°, 20°, 30°, 40°, 50°
FLEX: 45°, 60°, 75°, 90°, LOCKOUT

ADJUSTING FLEX & EXT STOPS

1. REMOVING CONDYLE PAD
   Remove the condyle pads by detaching them from the inside of the hinge.

2. REMOVE SCREW
   Remove the EXT stop screw by using the Allen wrench provided (turn counter-clockwise to remove).

3. INSTALL STOP & REPLACE SCREW
   Choose the proper EXT or FLEX stop and screw into place.

   NOTE: The FLEX stop must be inserted between the hinge plates.

   IMPORTANT: Replace the medial and lateral hinge with the same degree EXT or FLEX stops. Do not over-tighten screws.

   NOTE: A Lockout Stop is included and can be used in combination with the 0° EXT Stop to immobilize the knee.

APPLICATION INSTRUCTIONS

1. Loosen all the straps on the brace.

2. While sitting or standing, slide your foot through the top of the brace and pull the brace up the leg until the patella is centered in the patella cutout.

3. Tension the 2 straps below the patella and fasten securely. Repeat with the 2 straps above the patella.

4. Walk around. Adjust the strap tension as needed. Ensure that the patella is centered.

Patella Buttress
If your brace comes with an adjustable patella buttress, position the buttress in the desired position on the inside of the brace and fasten securely. Apply brace as described above.

Adjusting the Strap Length
The length of the straps may be adjusted if they are too long.

Remove the “alligator tab” from the end of the strap by peeling the hook and loop fasteners.

Using scissors, cut the strap to the desired length and reattach the “alligator tab” to the end of the strap. Apply brace as described above.