APPLICATION INSTRUCTIONS

1. Loosen all the straps on the brace.

2. While sitting or standing, slide your foot through the top of the brace and pull the brace up the leg until the patella is centered in the patella cutout.

3. Tension the strap below the patella and fasten securely. Repeat with the strap above the patella.

4. Walk around. Adjust the strap tension as needed. Ensure that the patella is centered.

Patella Butress
If your brace comes with an adjustable patella buttress, position the buttress in the desired position on the inside of the brace and fasten securely. Apply brace as described above.

Adjusting the Range of Motion – Hinge Adjustment
When changing FLEX or EXT stops, be sure that the screws are tightened securely and that both medial and lateral hinge stops are identical. The following EXT & FLEX stops are included:

**EXT:**
- 0°, 10°, 20°, 30°, 40°, 50°

**FLEX:**
- 45°, 60°, 75°, 90°, LOCKOUT

ADJUSTING FLEX & EXT STOPS

1. **REMOVING CONDYLE PAD**
   Remove the condyle pads by detaching them from the inside of the hinge.

2. **REMOVE SCREW**
   Remove the EXT stop screw by using the Allen wrench provided (turn counter-clockwise to remove).

3. **INSTALL STOP & REPLACE SCREW**
   Choose the proper EXT or FLEX stop and screw into place.

   **NOTE:** The FLEX stop must be inserted between the hinge plates.

   **IMPORTANT:** Replace the medial and lateral hinge with the same degree EXT or FLEX stops. Do not over-tighten screws.

   **NOTE:** A Lockout Stop is included and can be used in combination with the 0° EXT Stop to immobilize the knee.

<table>
<thead>
<tr>
<th>-XX Size</th>
<th>Circumference 6&quot; above mid patella</th>
</tr>
</thead>
<tbody>
<tr>
<td>-01 XS</td>
<td>13.00&quot; - 15.50&quot;</td>
</tr>
<tr>
<td>-03 SM</td>
<td>15.50&quot; - 18.00&quot;</td>
</tr>
<tr>
<td>-05 MD</td>
<td>18.00&quot; - 20.50&quot;</td>
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<tr>
<td>-07 LG</td>
<td>20.50&quot; - 23.00&quot;</td>
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<tr>
<td>-08 XL</td>
<td>23.00&quot; - 26.00&quot;</td>
</tr>
<tr>
<td>-09 2XL</td>
<td>26.00&quot; - 29.00&quot;</td>
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</tbody>
</table>

Adjusting the Strap Length
The length of the straps may be adjusted if they are too long.

Remove the “alligator tab” from the end of the strap by peeling the hook and loop fastener. Using scissors, cut the strap to the desired length and reattach the “alligator tab” to the end of the strap. Apply brace as described above.

Condyle Pad Removal
EXT Stop Adjustment
FLEX Stop Adjustment
Lockout Stop